

Theme 14: Driscoll – What? So what? Now what.

In this theme you have learnt that there are frameworks that you can use to aid your reflective process.

For this task, select an event that you will be attending to try Driscoll's method of reflection. The event can be something social or formal. It could be a meeting or presentation or something simple like a planning meeting for a group assessment or a visit to a tourist attraction.

See Driscoll – What? So what? Now what, below and for each of the headings, make reflective comments about the event/experience. You should write a fully reflective piece about the event and share it with your peers.

Driscoll - What? So what? Now what?

What?

What was the situation?

What was good or bad about it

What were you trying to achieve and what was the outcome? What did you feel about the situation?

So what?

So what does this teach you about the situation or the way you work? So what could you have done differently?

So what academic theories could you use to help you interpret the situation?

Now what?

Now what you will do in the future to achieve a better result next time? Now what different elements need to occur to achieve this?

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